The Trail™ Kit evolved from Anne Jolles’ 20 years of coaching experience and her earlier Grace Trail® kit, which is a teaching kit made for groups and organizations wishing to create their own Grace Trail. Anne’s new kit allows everyone to easily and affordably access their own inner strength, courage and hope anywhere. The original Grace Trail is located in Anne’s hometown of Plymouth, Massachusetts and originated when Anne’s son was in combat in Afghanistan. As Anne struggled to cope, she was inspired to not only help her own family, but others too. So, Anne made the first inspirational trail that is still used daily.

The Grace Trail® models have been used worldwide and are now being offered for you in the amazing and affordable kit that can be held in one’s hand, and where an actual physical trail is no longer necessary to gain the full benefits of Anne’s process. Please visit www.gracetrail.com for information on purchasing and how to create your own trail.

WHO USES THE TRAIL KIT?
Individuals, Businesses, Schools, Religious Groups, Hospitals, Veterans, Alcohol & Substance Abuse Recovery Centers, Yoga Studios, Senior & Community Centers, Wellness Centers, Grief Support Groups, & more!

Anne Barry Jolles, MBA, PCC
www.gracetrail.com

5 Trail Kit Questions
What am I Grateful for?
What do I need to Release?
What is calling out for Acceptance?
What is my next Challenge?
What can I Embrace as possible?

The Trail Kit is a Tactile, Portable, Self-guiding Tool ... That Puts Hope Within Your Grasp!
A simple but powerful concept.
Hold the trail kit rock in your Hand...
Ask one or any of the 5 trail kit questions and Listen ... for your own answers...
Wherever you are ... Your Trail starts here ...